

Dear UAF Supporter:

I am very proud of the work UAF does to provide accurate information about HIV/AIDS through our programs, our website, and especially our Resource Center. As the Resource Center approaches its third full year of operation, I'm reminded of how much it is still a valuable and necessary component of our services.

The Utah AIDS Foundation maintains a physical library at our office location, and is also accessible online through the UAF website at www.utahaids.org. Our most recent resource project, Internet Health Kiosks, brings computer access to a variety of locations in order to reach more individuals. It is our hope that by expanding services which provide access to information about HIV/AIDS and related health topics, people will have the information they need to live well with HIV, and those at risk will understand how they can prevent HIV infection. Truly, information is power.

Now people throughout Utah and parts of Idaho will have the opportunity to utilize the Health Kiosks. This will help us provide much needed information, especially to rural communities. This is all possible because of your support.

UAF has relied upon the support of community members like you throughout the last 20 years. We still need your help. By sending UAF a donation today, you are directly contributing to increasing awareness and promoting education.

Please visit our Resource Center online today at www.utahaids.org and see what important work you are supporting.

--Stan Penfold, Executive Director
stan.penfold@utahaids.org



HIV Resources at Your Fingertips

The Resource Center @ Utah AIDS Foundation is bringing its on-line resources directly to at-risk populations through new Internet Health Kiosks located throughout the Intermountain Region.

In a 2002 study, individuals living with HIV/AIDS in Utah reported that their top three barriers to health education services, including access to electronic health information, were "transportation," "cost," and "not knowing" where to find such services. The Utah AIDS Foundation is addressing this situation by installing four internet "Health Kiosks" in Utah and Idaho. The Health Kiosks provide access to UAF's HIV Resource Library website, which has been in operation for two years.

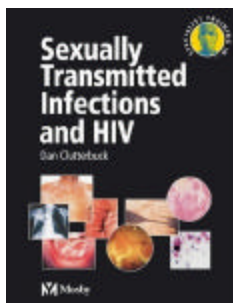
The HIV Resource Library www.uaflibrary.com website contains an extensive collection of electronic HIV-specific health related information, with particular emphasis on information resources such as MedlinePlus and clinicaltrials.gov. The website also contains links to local HIV-specific services, information, and resources, like Utah's AIDS Drug Assistance Program and local Ryan White Title II and III providers.

By training physicians and office staff to help individuals understand the resources available through the kiosks, as well as providing trained volunteers and staff to assist consumers in spontaneous one-on-one sessions as they begin to use the kiosks, this project will arm consumers with the skills, tools, and confidence they need to use the Health Kiosks to seek out critical



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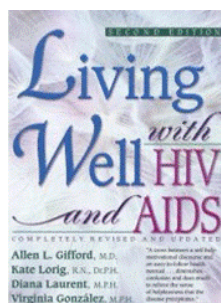
Newly Acquired **A look at some cool books that have been recently donated.**



"Its comprehensive, concisely presented coverage encompasses all aspects of the diagnosis, treatment, and management of patients with sexually transmitted infections and HIV."

-Amazon.com

Sexually Transmitted Infections and HIV by Dan Clutterbuck



"A cross between a self-help motivational discourse and an easy-to-follow health manual, this book offers invaluable advice to those entering the territory of AIDS."

- Publishers Weekly

Living Well with HIV and AIDS
By Allen L. Gifford, MD, Kate Lorig, RN, DrPH, Diana Laurent, MPH, Virginia Gonzales, MPH

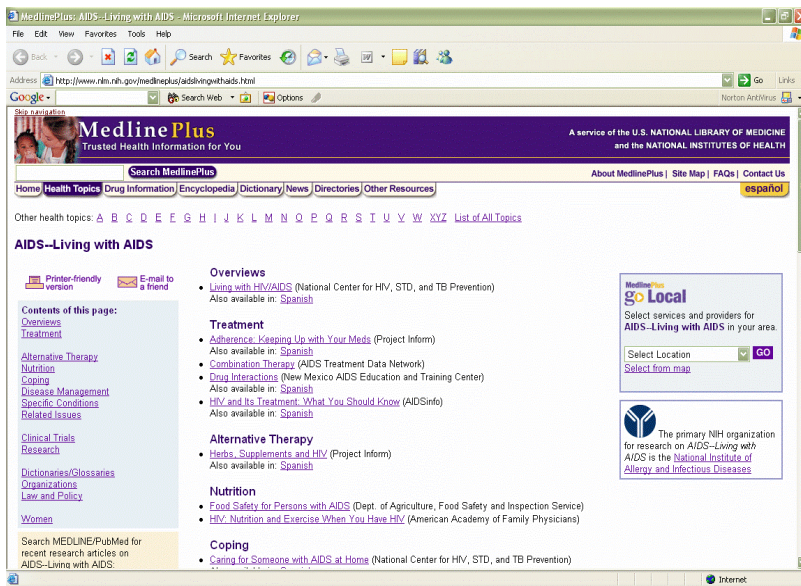
Kiosks: Continued from front

HIV- and health-related knowledge that can positively impact their lives and health.

Anyone interested may use the kiosks to learn more about HIV/AIDS, find information needed to alleviate fears about the illness, and to discover new avenues of treatment and assistance. These invaluable kiosks provide access to information on a great deal of subjects including sexuality, housing, treatment and care, community resources and overall coping methods. This information may give those directly affected by AIDS a more hopeful attitude, and can present them with a positive, healthy and informed outlook on life.

The Utah AIDS Foundation Resource Center has become a common resource for people living with HIV/AIDS, as well as others seeking answers to questions about HIV and many related issues. The Health Kiosks are a natural expansion of the high standard of quality UAF strives for to increase awareness, sensitivity and resources about HIV/AIDS and overall wellness.

Resource Center Spotlight



Through www.uaflibrary.com we are able to provide hundreds of great HIV/AIDS resources, like *MedlinePlus*, in a friendly and easily accessible on-line format. *MedlinePlus* provides articles, studies and interactive tutorials about a multitude of topics relating to HIV. *MedlinePlus* is also an excellent resource for general information about health and is made specifically for the consumer.

Do you shop at Amazon.com?

If so, you can easily help build our library by ordering a book the next time you visit the web!

Please visit our Resource Library Wish List at

www.amazon.com

Just type "Utah AIDS" in the Wish List Search box.

It's a fun and easy way to donate to UAF and become a

HIV Resources on the Internet

Since the internet has become more widely available to the public, information and resources regarding health and HIV have become more accessible. Plus, the internet makes it easy to catalog rapidly changing information about this disease. The pages on www.uaflibrary.com will help you find your way. Here are some tips to help you navigate the internet and find good HIV info quickly:

• **Search Engines**, such as Google and Yahoo, are a good place to begin, but can yield thousands of results and are time consuming to sift through. Utilizing the links on www.uaflibrary.com gives you easy access to many useful sites that have been pre-screened for accuracy, relevance and content.

• **Not everything you read on the internet is true!** Be sure the source is credible and reliable. Does the page come from a well known source? Do they give sources for their data? It is easy to find information, but it takes a little digging to find the best info.

• **Is the page up-to-date?** Many pages are not updated regularly. Seek out information from pages which have dated material like news articles or pages that change frequently.



At the Utah AIDS Foundation we strive to help individuals, families, friends, and communities as they struggle with the complex issues surrounding HIV, because we believe that no one should have to confront this disease alone. We are committed to partnerships that mend health, promote compassion, and extend companionship to everyone who is impacted by HIV.

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